SONS of NORWAY

Fjelldalen Lodge #6-162

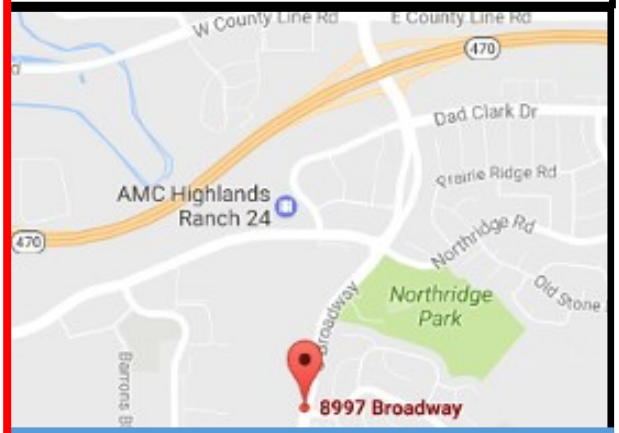
Highlands Ranch, Colorado

"Mountain Valley"

Fjelldalen's NYTT

2018 Volume 23 Issue 5, September-October

We meet at 1 pm on the 1st Sat. of the month.
When we have Potlucks, we start at Noon!
Check our website for the latest information!
www.fjelldalen.com



Recent New Members

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Coming Up

September

1	10:00	Genealogy Track Sample Family
	12:00	Potluck
	1:00	Meeting Norwegian-Swedish Finnskogen Ed Eskelson
25	6:30	Board Meeting Englewood Public Library

October

6	10:00	Genealogy DigitalArkivet—Who left When
	1:00	Meeting Finding Your Family Farm in Norway Tony Hjelmstad
30	6:30	Board Meeting Englewood Public Library

Sons of Norway
Fjelldalen Lodge #6-162
Highlands Ranch, Colorado

"Mountain Valley"

Fjelldalen Lodge 6-162

Christ Lutheran Church
8997 S Broadway
Highlands Ranch, CO 80129

President's Message

The summer is over and it is time to think about our fall activities. Marylee has the cultural programs lined up for the rest of the year. Ed will start by telling us about the Finnskogen ("Forest of the Finns"), an area of Norway situated in the county of Hedmark. It was named so because of immigration of Finnish people in the 17th century, the so-called Skogfinner/"Forest Finns".

The summer passed with my traditional annual trip through the Rocky Mountain National Park which ended at the Scandinavian Festival in Estes Park. Lots of stuff to buy and eat. Mike Johaneson was in the SON booth baking lefse, which they sold as fast as they could make them.

The dinner at the White Fence Farm was great as usual. Good food and great company!

The August potluck with Donna and Lloyd Newland is a treat which I always look forward to. Thank you to Donna and Lloyd for hosting it again and to everyone for the delicious food.

Crystal attended both the District and the International Conventions this summer and at the September meeting she will give a report of all the fun stuff she did.

I hope to see all of you at the September potluck meeting,

Sincerely, Erik

The Nov-Dec newsletter comes out the last week of October. All items for the next newsletter must be submitted by

October 15th.

Submit to Tony Hjelmstad at

tony@norsky.net.

This Month's SofN Web Site Feature

SONS OF NORWAY FOUNDATION MONTH

Fall means blazing colors in nature, cooler temperatures, school activities – and, in October – Sons of Norway Foundation Month.

Faithful to our mission and members.

The Sons of Norway Foundation is dedicated to funding activities that preserve and promote Norwegian heritage, positively affect members, and make Sons of Norway communities a more vibrant place to live. Be it through a student's scholarship for study, a cultural exchange experience, or assisting lodges to provide quality programs and community events – the Sons of Norway Foundation is true to its mission.

Established in 1966, our focus and offerings have grown to include several categories of scholarships and four categories of grants.

Our passion is focused on the following areas:

- Creating opportunities for higher education as a means for success.
- Showcasing our unique Norwegian heritage to wider audiences.
- Exploring cross-cultural exchanges.
- Providing humanitarian support to Sons of Norway members who are victims of natural disasters.

We have awarded $1,375,000 in scholarships, $390,000 in grants and more than $500,000 in humanitarian aid.

Visit www.sonsofnorway.com/foundation for more info about the Foundation, or contact Foundation Director Corrie Maki Knudson at foundation@sofn.com

Celebrating culture. Expanding horizons.

2018—Birthdays:

September

6	**Bryan Soderberg**
12	***Agnes Omholt***
13	**Donna Herrmann**
14	**Janice Sheldon**
22	**Erik Collett**
	Erik Hjelmstad

October

3	**Peter LeBlanc**
4	***Robert Tollund***
	Cathrine Floyd
6	**Lyle Haugen**
8	**Gay Bossart**
10	**Leslie Reingold**
18	**Roger Dudley**
19	**Andrea Peterson**
23	**Ardis Haugen**
24	**Donna Newland**
25	**Beverly Nelson**
	Marilyn Speas
28	***Ethan Hjelmstad***
29	**Jenna Perrodin**

And a wonderful upcoming year to one and all of our *Birthday Celebrants*

Names in *Gold* are Golden Members!

Names in Italics are Heritage or Unga Venner Members!

Fjelldalen Needs YOUR Help

Every year, the Lodge needs a *Nominating Committee*— and after they come together, the Nominating Committee needs *Candidates!!!*

CONTACT Erik Collett or Teri Hjelmstad to Volunteer!!!!

Erik—720-459-1812
erikcollett@yahoo.com
Teri—303-771-1428
teri@norsky.net

Share the Spirit of *VELKOMMEN*

Please reach out this month to someone in our community who might enjoy the fun times and friendly folks at our Sons of Norway lodge. Remember, daughters, sons and anyone with an interest in Nordic culture and heritage are welcome to join Sons of Norway. Let's make our community
welcoming to all!

Looking for Leaders

If you have a passion for philanthropy and experience in business, finance or fund development, you may want to join the Sons of Norway Foundation Board of Governors.

SONS of NORWAY

MEMBER RESOURCES

More details available at www.sonofnorway.com/

FINANCIAL MOMENT Sons of Norway's Newest Product: Guarantee Issue Whole Life

No Medical Questions Asked, Guaranteed Acceptance

Funeral costs, medical bills, left-over debts; these are expenses that you and your family can expect upon the death of a loved one. But with this affordable insurance plan, you can ease the burden of immediate final expenses, regardless of your health.

Kendall Kjerstad
Financial Benefits Counselor
605 939-1714

Sons of Norway, Minneapolis, MN offers financial products. Products are not available in all states. Products issued by Sons of Norway are available to applicants who meet membership, insurability and residency requirements.

Nasjonalforeningen for folkehelsen

TUBFRIM
NO-3540 NESBYEN - NORGE

Thank you for your recent shipment of canceled stamps to TUBFRIM. We are happy to tell you that the net amount of the annual sale in 2017 was **NOK 650,000**. The total amount since TUBFRIM was founded is now more than **23 million kroner**.

This result was made possible because of our many loyal TUBFRIM friends, among them are you, who have been collecting canceled stamps for us through the years. The stamps come from Daughters of Norway and Sons of Norway members and lodges in USA, the Norwegian Seamen's Churches and some other groups and persons. Most of the stamps are shipped with DSV Air & Sea free of charge. Your effort on behalf of TUBFRIM and the handicapped children that we support, is highly appreciated. Please, keep up the good work and we will get a nice surplus this year as well. Sincerely yours, Mr. Kåre Myro

Collect stamps and give or send to *Lloyd Newland*, Special Activities

Matlagings Klubb

We are looking for new members and anyone who is interested should contact Lise or Donita for times, locations, and next item we're cooking. We have also posted about our meetings on the Fjelldalen Facebook page.

If anybody has any questions please ask away!

Lise LeBlanc

Donita Zblewski

The Sunshine Troll wants to send a greeting to anyone who's down or out. Contact Donna Newland (303-973-8097 / aahhhco@gmail.com) and about any Member who needs some tender greetings from Fjelldalen Lodge!

Hasselback Roasted Potatoes—(Hasselbackpoteter)

Find this recipe plus other potato dishes in our Recipe Box at https://www.sofn.com/norwegian_culture/recipe_box/

Ingredients
4 oval baking potatoes, medium
1 Tbsp butter
2 Tbsp butter, melted
Jarlsberg cheese, grated
Paprika

Directions
Preheat oven to 425°F (215°C).
As you peel the potatoes, drop them into the cold water to prevent discoloring. Slice the potatoes by placing a peeled potato in the hollow of a large wooden spoon, and slice it in 1/8 inch (1/4 cm) slices 'till about 1/2 inch (1-1/4) cm) from the end. (The spoon prevents the knife from slicing all the way through the potato.)

Butter an oven-proof dish. Drain the potatoes and pat them dry with a paper towel. Place the potatoes side by side, cut side up, in the dish brushed with butter. Brush the potatoes with melted butter and sprinkle with salt. If needed, brush again with melted butter after 30 minutes of baking. Bake for 50 minutes—about 5 minutes before they are completely baked, sprinkle with grated cheese and paprika.

They Moved Pulpit Rock to India

In the latest "Mission: Impossible" movie, Preikestolen (Pulpit Rock) is supposedly set in India. Nevertheless, it is good advertising for Norway, according to people in the tourism industry.

Last fall, actor Tom Cruise came to Lysefjorden in Rogaland. He was going to record scenes for his new "Mission: Impossible" movie on top of the mountain Preikestolen (Pulpit Rock).

The superstar hangs from the edge of the famous cliff for four dramatic minutes. This was seen as a major victory for Norwegian tourism. However, director Christopher McQuarrie has placed the Pulpit Rock in Kashmir, India. This was a disappointment for many.

The webpage minervanett.no was the first to write about the topic. Daily newspaper Dagbladet has talked with Elisabeth Saupstad, a tourism director in the Stavanger office for Visit Norway, the official Tourism Board in Norway. She says that the audience will quickly figure out where the scenes are actually recorded.

“Preikestolen (Pulpit Rock) is almost as famous as the Eiffel Tower in Paris. So I think that will not be a problem.”

Hege Kjellevold is the general manager of the Preikestolen Foundation. She also doesn’t think it's a big problem that the action takes place in India. “We were prepared for this. That is how things go in the international blockbusters. It's unlikely that such a storyline would have happened [in Norway]," she told Dagbladet.

The American filmmakers received six million dollars to shoot the scenes in Norway. They received the money through a contribution by the Norwegian Film Institute. The subsidy will make Norwegian culture, history and nature more well-known.

A cool day in July was a hot feast for all!

26 Lodge members and friends enjoyed a Sunday Chicken Dinner at White Fence Farms.

Not the ones we ate!

Summer Food and FUN!

The Cook!

A Hot August Day Feast

The Newlands again were the hosts for over 30 Lodge members and friends for the Lodge Picnic.

Fjelldalen Lodge #6-162 Officers for 2018

President: Erik Collett 720-459-1812
erikcollett@yahoo.com

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Cultural Skills & Sports Medals Awards: Tony Hjelmstad 303-771-1428
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Jack Paulsen 303-346-8279
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Guy Duncan 720-254-7594
rollydog15@gmail.com

Musician: Teri Hjelmstad 303-771-1428
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aahhhco@gmail.com

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donspeas@hotmail.com

Youth & Sports Directors: Guy Duncan 720-254-7594
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Dan Schauer 303-795-2255
bablan1@q.com

DISTRICT 6 OFFICERS

District Six President: Mary Beth Ingvoldstad president@sofn6.org

International Director: Roger Espeland internationaldirector@sofn6.org

Zone 8 Director: Beverly (Bev) Moe 720-746-9755 bevm259@comcast.net

Financial Benefits Counselor: Kendall Kjerstad 605-939-1714 kjerstadkendall@yahoo.com

Sons of Norway
Fjelldalen Lodge #6-162
Highlands Ranch, Colorado

"Mountain Valley"

Lutefisk Dinner

Hosted by Fjelldalen Lodge #6-162

Menu

Lutefisk
Butter
Cream Sauce
Kjottkaker (Meatballs)
Lefse
Potatoes
Peas
Pickled Beets
Lingonberries
Cranberries
Cookies
Riskrem
Coffee - Lemonade

Saturday, December 8, 2018
2 servings; 2:00 PM & 4:30 PM

Christ Lutheran Church
8997 S Broadway
Highlands Ranch, CO 80129

Ticket Donation
Adults - $20.00
Children 4 to 12 - $8.00

Kransekake Raffle

3 Tickets for $5.00
Or
$2.00 a Ticket

Please RSVP by December 3, 2018 so we have an idea how many hungry "*Lutefisk*" eaters will attend. For reservation, please fill out the form below, send it with payment to: **Marilyn Speas, 6392 S. Reed Way, Littleton CO 80123** or call Marilyn at (303) 973-2158.

Tickets will be picked up at sign-in table. **Look us up at www.fjelldalen.com**

Lutefisk and Lefse Dinner

Name:_____ Phone:_____
Address:_____
City/State/Zip:_____

Check Choice of Time: 2:00 PM ___ or 4:30 PM ___

# of Adults @ $20.00 ea. ____ # of Children @ $8.00 ea. ___ Total Enclosed $_____

RSVP by December 3, 2018 Please make checks payable to; ***Fjelldalen Lodge***

SKI FOR LIGHT, INC.

SKI FOR LIGHT 2019 EVENT

The 2019 Ski for Light International Week will be held from Sunday, January 27, 2019 through Sunday, February 3, 2019, at Snow Mountain Ranch in Granby, Colorado. The skiing portion of the SFL week has taken place on the 100 kilometer trail system of Snow Mountain Ranch ten previous times, so you can tell that there is a lot about the trails that we like. This year, as in 2017, we will also be staying on the grounds of the property, so skiing will be just a short distance from your room.

Save the date!

Arrival at DIA on Sunday, January 27, 2019 and

Departure at DIA on Sunday, February 3, 2019

Volunteers are needed both at DIA and Snow Mountain

SONS of NORWAY

The *SUPER* SIXTH DISTRICT