



"Mountain Valley"

**Fjelldalen Lodge #6-162**

Christ Lutheran Church  
8997 S. Broadway, Highlands Ranch  
Fjelldalen.com



**SONS of NORWAY**

**Celebrating 125 Years**

1895-2020

## What's Inside !

How to join a Lodge Zoom Meeting.....	2
A Message From the Sons of Norway .....	3
A Message From the Fjelldalen President.....	4
A Message From District 6.....	5
Election of Officers .....	5
Fjelldalen Lodge Officers 2020.....	6
This Month's SofN Web Site Feature.....	7
Birthdays .....	7
New Members .....	7
Financial Moment—Kendall Kjerstad.....	8
Support Fjelldalen with King Soopers Rewards.....	8
Sunshine Greeter .....	8
Matlagings Klubb Recipes .....	9
One Lodge, Book, Film, & Music Selections .....	10
Only in Norway.....	11
Norwegian Virtual Events.....	11
NEW 2020 Christmas & 125th Anniv. Ornaments..	12
Sensational Find of Pagan Temple Remains.....	12
Kid's Page—What's for Dinner.....	13
Happenings.....	14
Spesielle Interessegrupper.....	15
Next Newsletter Deadlines.....	15

## About Us

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Volume 25, Issue 6  
November—December 2020

*Coming Up*

**Until further notice—ALL meetings are on Zoom**

### November

- 7 10:00** Genealogy—Immigration to U.S. Via Canada – Saint Albans and the Canadian Pacific Railway  
[Join Genealogy Via Zoom](#)
- 1:00** Lodge Meeting—[Join via Zoom](#)  
A talk about the Sami  
Andrea Peterson

- 24 6:30** Board Meeting - [Join via Zoom](#)

### December

- 4 5:00** Finlandia Foundation  
Kauneimmat joululaulut  
Finnish Christmas Church
- 5 10:00** Genealogy—Norway Heritage – Passenger Ships & Immigrant Lists  
[Join Genealogy Via Zoom](#)
- 1:00** Lodge Meeting—[Join via Zoom](#)  
St. Lucia Day—Wendy Neptun
- 5:00** Finlandia Foundation  
Piikijoulu—Trollheim Lodge

- 29 6:30** Board Meeting - [Join via Zoom](#)

### January 2021

- 2 10:00** Genealogy—WikiTree, Genie, and MyHeritage Web Sites – Genealogy Sites used in Norway  
[Join Genealogy Via Zoom](#)
- 1:00** Lodge Meeting—[Join via Zoom](#)  
Norwegian New Year

- 26 6:30** Board Meeting - [Join via Zoom](#)

### February 2021

- 6 10:00** Genealogy—TBD  
[Join Genealogy Via Zoom](#)
- 1:00** Lodge Meeting—[Join via Zoom](#)  
TBD
- 23 6:30** Board Meeting - [Join via Zoom](#)





# *Fjellsdalen Lodge #6-162*

## *Highlands Ranch, Colorado*



### **Lodge Meetings Are now on Zoom**

Time: First Saturday of every month September through June

1:00 PM Mountain Time (US and Canada)

### **Join Zoom Meeting**

Meeting ID: 899 2806 0674    Passcode: 137506

### **How to join a Lodge Zoom meeting**

#### ***How to join a Zoom meeting on desktop***

- Click join the [Join Zoom Meeting](#), the link above, or in the email or in the newsletter.
- A browser window will open and ask you to select to open the Zoom app or run in a browser
- If prompted for the Meeting ID—you shouldn't be, but in case:  
Meeting ID: 899 2806 0674    Passcode: 137506

#### ***How to join a Zoom meeting on mobile (iPhone, Android)***

- Tap on the meeting invite URL in the email which will open the Zoom app. The app may ask for permission to use your phone's camera.
- If prompted for the Meeting ID—you shouldn't be, but in case:  
Meeting ID: 899 2806 0674    Passcode: 137506

If you haven't installed the Zoom App, you'll be asked if you want to install it. For desktops you have a choice. For most tablets and phones, you will have to install it. Download the Zoom app for iOS or for Android on Google Play, and set it up using your contact information

Depending on the meeting's set-up, you may enter the meeting right away, you may need to wait for the host to arrive first or you may be placed into a waiting room that the host controls.

**Call Tony at 303-771-1428 if you need help.**

Advanced information for those who want to know:

#### ***Test your Zoom setup***

To test how a meeting works, Zoom has a test meeting you can join. This will allow you to test your speaker and microphone—or headphones—and you video. Follow the instructions at:

<https://zoom.us/test>

and click Join.



# *Fjellaldalen Lodge #6-162*

## *Highlands Ranch, Colorado*



### **A Message From the Sons of Norway**

Dear Fjellaldalen Lodge Member,

Because of members like you, the Sons of Norway Foundation has been able to provide assistance to lodges, members, organizations and students like the one quoted above, helping us to promote and preserve Norwegian culture and heritage and provide higher education and humanitarian aid across the country and the world.

We are writing today to announce a membership-wide fundraising campaign called “Together We Are The Future,” in celebration of Sons of Norway’s 125th anniversary and of October as Foundation Month.

[Donate Now](#)  
Or go to [SofN.com](http://SofN.com)

Now through the end of the year, the Foundation aims to raise \$100,000 or more to support its programs. Through the generosity of Sons of Norway’s leadership, the first \$50,000 in donations between now and the end of the year will be matched.

You have an opportunity to be a part of this exciting campaign and ensure that we can continue to support your lodge and community, and to provide educational opportunities for members, their children and their grandchildren.

While we can talk about numbers all day, the impact of your donation is what is most important: Scholarship recipients not only have their financial burdens eased, but they also enjoy life-changing experiences in Norway and around the world. Members who receive grants from the Humanitarian Fund get critical support in the wake of natural disasters. Now, in 2020, a new grant assists members dealing with financial hardship due to extreme illness or injury. Grant recipients are able to share their culture and heritage through engaging events and programs—and, in turn, recruit new members and create lasting friendships and community recognition.

At the Sons of Norway Foundation, our mission is to share and preserve Nordic heritage, to positively affect our members’ lives and to make Sons of Norway communities better places to live. We hope that you will join us in this mission. Remember, “Together We Are The Future.”

Sincerely, The Sons of Norway Foundation

P.S. Remember, Teri, the first \$50,000 in donations will be matched. That means every dollar you give is doubled to support scholarships, grants and humanitarian aid. Any gift amount helps us reach our goal!





# *Fjelldalen Lodge #6-162*

## *Highlands Ranch, Colorado*



### **A Message From the Fjelldalen President**

Dear Fjelldalen Lodge members,

In October we celebrated Leif Eriksson Day. It is widely believed Leif Eriksson was the first European to navigate the rough seas and arrive in North America. The Viking spirit of Leif Eriksson lives in our DNA and it is with the strength and spirit of our Viking ancestors we are learning to navigate the through the many seas of change COVID life has brought to our daily lives. My thoughts continue to be for your health, safety and wellbeing.

If you are feeling well and have an urge for a bit of adventure, please plan to join us for our next Fjelldalen Lodge Zoom meeting in November. We have a wonderful guest speaker from my Tacoma Daughters of Norway Lodge. She will be speaking about the discovery of her Sami heritage, discovered when she was asked to do a program on the Sami people. This was the beginning of an amazing journey, and story she will be sharing with us. You are not going to want to miss this program! In December, we were really looking forward to a festive Julefest program. It does not look like we'll be able to gather in person yet so we are getting creative and making plans to make this month something you will also love and be glad you joined in on the Lodge's Zoom meeting as well!

We have Fjelldalen Board elections coming up. Sons of Norway has suggested, when possible, to keep the same Board Members for the 2021 year. All of the Board Members have agreed to continue on except Linda Ault who served as one of our co-Vice Presidents and Ed Eskelson who served as our Treasurer. Jane Hoskinson will stay on as the only Vice President for the 2021 year and Amber Quilling has agreed to be nominated for Treasurer. If there is anyone else who would like to be nominated, please get in touch with Erik Collett before our November meeting. I extend my 'thanks' and Lodge's sincere appreciation to Linda for her kind service this past year and to Ed for the many years fiduciary dedication he has given to the Treasurers job.

Let us be Thankful for our family and friendships and count our blessings as the Thanksgiving Holiday comes around. May you also ring in the holidays with joy and the spirit of giving. I miss our in-person meetings, the group of fun and caring people we are, and enjoying your company. You are in my thoughts always. We all look forward to seeing you soon on our next Zoom meeting and someday in person again.

Be safe, be happy, and have joy. Fraternally, Donita



# *Fjelldalen Lodge #6-162*

## *Highlands Ranch, Colorado*



### **A Message From District 6**

#### Lodge Awards

Sons of Norway District Six has an awards program for its lodges. Fjelldalen Lodge has earned the following awards during this biennial period:

- Silver Lodge Merit Award: 2018 and 2019
- Gold Communication Award: 2020 (Congratulations to Tony Hjelmstad and Don Speas for their great work on our newsletter and website!)

#### In Memory 2018-2020

- Russell Anderson
- Barbara Robb

### **ELECTION OF 2021 OFFICERS**

SON headquarter suggested that we do not have elections this year but that the 2020 officers continue to serve for another year. Fjelldalen support this policy. Therefore, there will not be any elections in Fjelldalen this year. If you are an officer and will not or can not serve this year, please let me know. You can reach me on 720-459-1812 or my email address: [erikcollett@yahoo.com](mailto:erikcollett@yahoo.com).

We already do have some officer that for various reason most leave: Linda Ault will not return as a Vice President. Jane is also a VP and will serve next year.

Amber Quilling has been nominated for the Treasurer position to replace Ed. We will accept other nominations.

The Foundation Director, Helen Mulhern, will also be open as Helen for health reason will not serve.

The Youth and Sports director positions has been open for several years and I like to fill them.

Please step up and volunteer for one of these positions. Call me and volunteer!!!! Again, my contact information is 720-459-1812 or [erikcollett@yahoo.com](mailto:erikcollett@yahoo.com)

I am waiting to hear from all of you.

Erik



# Fjellaldalen Lodge #6-162

## Highlands Ranch, Colorado



### Fjellaldalen Lodge #6-162 Officers for 2020

**President:**

Donita Zblewski 360-791-5858  
[donitanorsk@gmail.com](mailto:donitanorsk@gmail.com)

**Secretary:**

Teri Hjelmstad 303-771-1428  
[teri@norsky.net](mailto:teri@norsky.net)

**Counselor:**

Erik Collett 720-459-1812  
[erikcollett@yahoo.com](mailto:erikcollett@yahoo.com)

**Membership Secretary & Social Media:**

Lise LeBlanc 303-242-6460  
[mark\\_and\\_lise@yahoo.com](mailto:mark_and_lise@yahoo.com)

**Auditor:**

Guy Duncan 720-254-7594  
[rollydog15@gmail.com](mailto:rollydog15@gmail.com)

**Editor, Genealogy, Cultural Skills & Sports:**

Tony Hjelmstad 303-771-1428  
[tony@norsky.net](mailto:tony@norsky.net)

**Foundation:**

Helen Mulhern 303-337-4090

**Greeter:**

Karen Campbell 303-364-3827  
[karensue61@comcast.net](mailto:karensue61@comcast.net)  
Leslie Reingold 303-388-1909  
[t.noslekse@q.com](mailto:t.noslekse@q.com)

**Historian/Photographer:**

Gayle Rodgers 303-929-0909  
[gaylerodgers@gmail.com](mailto:gaylerodgers@gmail.com)

**Language:**

Eldon Halingstad 303-988-9349  
[ehalingstad@yahoo.com](mailto:ehalingstad@yahoo.com)

**Sunshine:**

Donna Newland 303-973-8097  
[aahhhco@gmail.com](mailto:aahhhco@gmail.com)

**Vice Presidents:**

Linda Ault 303-953-2716  
[lindaault@comcast.net](mailto:lindaault@comcast.net)  
Jane Hoskinson 303-601-0398  
[janehoskinson67@gmail.com](mailto:janehoskinson67@gmail.com)

**Treasurer:**

Ed Eskelson 303-388-1909  
[t.noslekse@q.com](mailto:t.noslekse@q.com)

**Cultural Director:**

Andrea Peterson 303-717-1930  
[andreastone1313@gmail.com](mailto:andreastone1313@gmail.com)

**Social Director:**

Marilyn Speas 303-973-2158  
[marilynspeas@hotmail.com](mailto:marilynspeas@hotmail.com)

**Social Committee:**

Leslie Reingold 303-388-1909  
[t.noslekse@q.com](mailto:t.noslekse@q.com)  
Andrea & Rick Peterson 303-717-1930  
[andreastone1313@gmail.com](mailto:andreastone1313@gmail.com)

**Marshalls:**

Dan Schauer 303-795-2255  
[bablan1@q.com](mailto:bablan1@q.com)  
Guy Duncan 720-254-7594  
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**Musician:**

Jane Hoskinson 303-601-0398  
[janehoskinson67@gmail.com](mailto:janehoskinson67@gmail.com)

**Publicity & Webmaster**

Don Speas 303-973-2158  
[donspeas@hotmail.com](mailto:donspeas@hotmail.com)

**Tubfrim:**

Lloyd Newland 303-973-8097  
[aahhhco@gmail.com](mailto:aahhhco@gmail.com)

**Youth & Sports Directors:**  
Open

### DISTRICT 6 OFFICERS

**District Six President:**

Luella Grangaard

[president@sofn6.org](mailto:president@sofn6.org)

**International Director:**

Mary Beth Ingvaldstad

[internationaldirector@sofn6.org](mailto:internationaldirector@sofn6.org)

**Zone 8 Director:**

Bev Moe

720-746-9755

[bevm259@comcast.net](mailto:bevm259@comcast.net)

**Financial Benefits Counselor:**

Kendall Kjerstad

970-697-1114

[kjerstadkendall@yahoo.com](mailto:kjerstadkendall@yahoo.com)



## *This Month's SofN Web Site Feature*

# Cultural Skills Program

### Program Overview

Each unit consists of three levels of skill-specific activities that can be completed on your own, or as part of a lodge group or class.

For each level, you'll complete a few activities, email (or mail) them in to Sons of Norway Headquarters, get feedback, and earn a pin in recognition of your accomplishments.

When you complete part 1 of your first unit you'll receive a Cultural Skills pin, a skill bar and a level 1 bar. You'll receive additional level bars when you complete parts 2 and 3 of that skill, and new skill bars when you complete level 1 of a new skill.

### This Month's Skill—Literature

Norway's literary tradition spans centuries, from the poems and sagas of the Viking Age, to the explosion of the romantic era, to 20th century Nobel Prize winners to the hugely popular crime literature of today and beyond. The vast corpus of Norwegian literature documents the country's complex progression through time. Along with the works of native-born Norwegian writers we can also include those of Norwegians who left Norway for the New World and their descendants in the US and Canada. As times have changed in Norway literature has borne witness to – and at times influenced – this unique, dynamic people.

In this unit of the Cultural Skills Program we invite you to read and reflect on the wide array of Norwegian and Norwegian-North American literature. In Part 1, you'll sample your choice of books from any genre, while in Part 2 you'll focus on fiction, and in Part 3 you'll focus on nonfiction. Parts 1, 2 and 3 may be completed in any order.



### Birthdays:

**GM** Golden Members!

**LM** Life Members

**HM** Heritage Members

**YM** Youth Members

Name	Mon	Day	Type
Agnar Jorgensen	11	4	
Karen Campbell	11	7	
Claudia Deasy	11	7	GM
Brian Ernster	11	8	
Bev Bergum	11	16	
Sean Farrell	11	17	YM
Thomas Farrell	11	17	YM
David Lanham	11	17	
Gloria Vatne	11	18	
Ed Eskelson	11	25	
Dan Schauer	12	1	
Vernon Tweed	12	4	
Beverly Lundeen	12	5	
Don Speas	12	5	
Crystal Sundet	12	6	GM
Pam Lugo	12	11	
Lee Corns	12	12	
Skylar Gambill	12	18	
Greta Grande	12	23	
Marko Johnson	12	24	YM



### Recent New Members

Krista Degerness



# Are You Taking Advantage of Your Most Important Member Benefit?

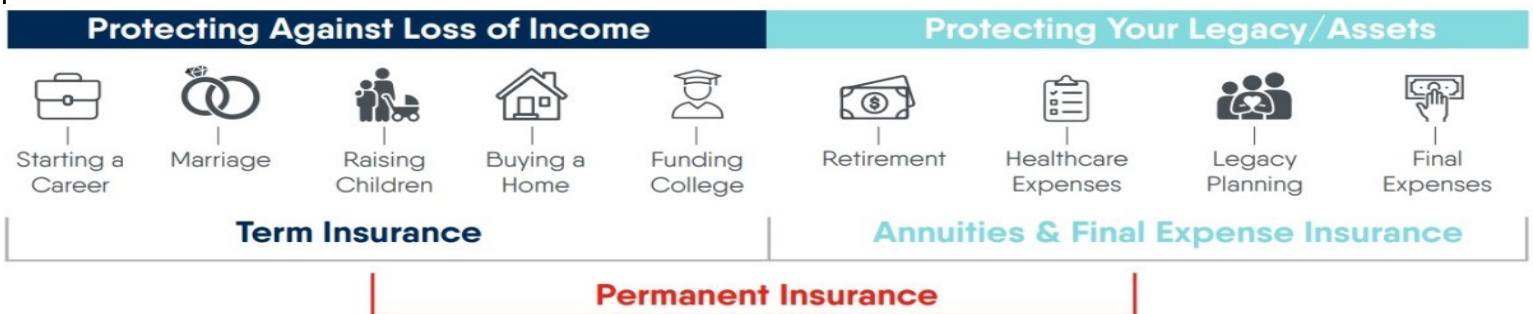
As a member of Sons of Norway, you have access to insurance products that offer financial protection no matter where you are in your journey.

While every person's path is different, there are two major phases of securing financial protection:

- **Protecting Against Loss of Income**, and
- **Protecting Your Legacy/Assets**.

Each phase requires careful planning and assessment of your options based on your current and future life circumstances.

During each phase, there are several protection strategies to choose from. Each one allows you to take a



portion of your income and use it to shield yourself and your loved ones against the unknown obstacles that may arise on your financial journey.

Plus, since your purchase helps support lodge programming in your community, it's an investment you can feel good about.

Let me help you figure out what strategy is best for you. Please reach out to me now for a free consultation.

**Kendall Kjerstad**, Email: [kjerstadkendall@yahoo.com](mailto:kjerstadkendall@yahoo.com)

## King Soopers Community Rewards

If you shop at King Soopers, here's a good fund raiser for Fjelldalen. King Soopers has a Rewards Program that benefits Fjelldalen by giving a percentage of what you spend back to our lodge. All you have to do is sign up on your King Soopers account, and use your KS SooperCard when you check out.

Or if you want help, call Don Speas at 720-299-7309 ([donspeas@hotmail.com](mailto:donspeas@hotmail.com)) and I'll give you a hand. If need be, I could stop by and help you on your computer.

**King Soopers donations account for about \$800 a year in donations to Fjelldalen.**  
**Keep up the GOOD work!**

## The Sunshine Troll

Contact Donna Newland (303-973-8097 / [aahhhco@gmail.com](mailto:aahhhco@gmail.com)) AND the newsletter editor Tony Hjelmstad (303-324-5381 / [tony@norsky.net](mailto:tony@norsky.net)) about any Member who needs some tender greetings from Fjelldalen Lodge!

Jack Paulsen is doing better at home, Helen Mulhorn having difficulty getting round.





# ***Matlagings Klubb Recipes—one for each month!***

## **BAKED LUTEFISK** from Ed

Perfect for the Jule season

- 1 lb Lutefisk
- ½ cup salt-free butter
- ¼ cup sea (non-iodized) salt
- Allspice to taste if desired.
- Bacon bits if desired.



1. Wash the thawed fish thoroughly. Place it on a wire rack and salt it both top and bottom heavily. Set the rack in a baking dish for about 20 minutes to a half hour. After the half hour it should have drained some liquid. Then place the fish on a rolling board and with a rolling pin try to remove additional water. This water may smell awful to you. This is normal, you are removing the material used to reconstitute the fish. Without removing it the fish would taste that way.
2. Place it back on the wire rack. Melt the salt free butter. Paint both sides of the fish with the butter. Let set for 20 to 30 minutes. Repaint the fish as many times as necessary to use up all the butter. Bake in a 350 degree oven for 20 to 30 minutes or until the fish is flaky to the touch.
3. Serve with meatballs, creamed peas, potatoes, beets, lefse, and, of course cookies!

## **Fårikål—Lamb and Cabbage Stew** from Lise

In the fall, lamb and cabbage is a popular Sunday dish. Serves 10-12

- 6 ½ lbs sliced lamb shoulder, neck or breast on the bone
- 6 ½ lbs cabbage, in large wedges
- Salt
- 1 tablespoon black peppercorns
- 1 quart boiling water
- 2/3 cups flour
- ½ cup cold water



1. In a wide, heavy pot, layer the meat with the cabbage, sprinkling each layer with salt and peppercorns. Add boiling water.
2. Bring to a boil and simmer until the meat is tender, about 1 ½ hours.
3. Season with salt and pepper. The stock should be quite peppery. Stir the flour into the cold water, then stir into the pot to thicken. Bring to a boil. Serve with boiled potatoes.

## **One Lodge, One Book, One Film, One Music Selections**

### Les Reingold suggested "Out Shooting Horses"

Out Stealing Horses is based on the bestselling novel by Norwegian author Per Petterson, which received several important international awards and was included in The New York Times '10 Best Books of 2007 (Fiction)'.

A grieving widower moves to the country where a chance encounter rekindles memories from his past.



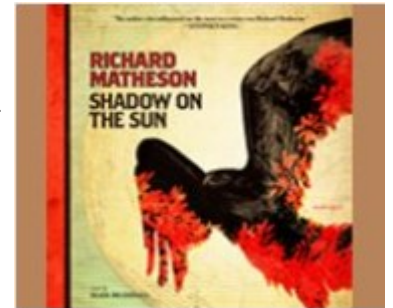
***This is the second book of three needed for the Literature Cultural Skills program—Part 1***

### Shadow on the Sun—Richard Matheson

Southwest Arizona, a century ago - An uneasy truce exists between the remote frontier community of Picture City and the neighboring Apaches. That delicate peace is shredded when the bodies of two white men are found hideously mutilated. The angry townspeople are certain the "savages" have broken the treaty, but Billjohn Finley,

the local Indian agent, fears that darker, more unholy forces may be at work. There's a tall, dark stranger in town, who rode in wearing the dead men's clothes. A stranger who may not be entirely human. Originally published as a mass-market Western in 1994, Shadow on the Sun has been largely overlooked by horror fans and general readers. But this tale of supernatural terror is sure to chill the blood of Matheson's many fans.

Both Douglas County and Arapahoe Libraries have this book Available. \$8 at Amazon.



## Musikkklubb

***This is the first recording of four needed for the Music and Musicians Cultural Skills program—Part 1***

Folk Music from Norway Various Artists

This CD is designed as an introduction to Norway's folk music tradition. It contains 22 musical selections by 15 different performers and groups – many of whom are prize-winning artists. It takes the listener on a musical journey through the valleys and districts of Norway. It shows how contemporary artists perform traditional dances and tunes, but also how they draw on their heritage for new compositions (e.g. To the Works and Floating Earth) and transposed works (e.g. Bluebells). Ten dance forms are represented: waltz, reinlender, polka, pols dance, mazurka, halling/lausdans, reel, fandango, springleik and springar .

Available free on the SofN.com web site—direct link below

***Listen Here***







## Only in Norway . . . Hurtigruten boss survives disgrace

Quarantine rules weren't followed, suspected cases of the Corona virus weren't followed up and crew members felt their lives were in danger but were afraid to speak out. The board of Norway's publicly disgraced Hurtigruten cruise and shipping line nonetheless claims it still has confidence in CEO Daniel Skjeldam, and that both he and the rest of his management team simply need to learn from all their potentially fatal mistakes.

[Read More](#)

## NORWEGIAN VIRTUAL EVENTS

Even though there are few in-person events being held, there are quite a few virtual events being held through out Norway. Click on any of the Museum Names below for your very own "arm chair" tour of a Norwegian Museum.

On the website of [NORWAY'S NATIONAL MUSEUM](#), for instance, you can play curator and put together your own exhibitions based on 44 000 objects and artworks from the museum's collection. This is a beta version, meaning it's still in development but available for viewing.

[NORWEGIAN MARITIME MUSEUM](#) has gathered entertaining and interesting articles and films on their digital museum website, which is frequently being updated. This material is mostly in Norwegian so you can practice your Norwegian Language skills.

The [NORWEGIAN MUSEUM OF CULTURAL HISTORY](#) opens for a digital visit to the open air museum, with topics and buildings from Medieval to current times.

For a complete list of exhibits visit the web page of: [VISIT OSLO](#)





## NEW 2020 Christmas Ornament and 125th Anniversary Ornament

[Shop Now](#)



The new Christmas ornament—it's beautiful and different, and they can't wait for you to see it! But stock is limited!

Last year, Sons of Norway introduced their 125th anniversary Christmas ornament and they flew off our shelves! So, by popular demand, they have brought the 125th anniversary ornament back! They have only a limited stock available, so act fast!

<https://sofn.logoshop.com/ProductDetails/?productId=552437458>

## Sensational Find of Pagan Temple Remains in Norway

Archaeologists in Norway were stunned to find traces of a pagan temple, likely to date from the Viking Age. Never before has such a discovery been made in Norway.

Archaeological discoveries in Norway are nothing new, but this one is truly special.

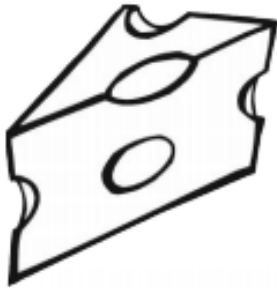
Many signs of pagan worship have been discovered over the years but usually in the form of objects. Now for the first time, firm traces of a house of worship have been found in Norway.

[Read More](#)



# Kid's Page

## WHAT'S FOR DINNER?



Did you know that cheese can be made from the milk of a cow, buffalo, goat, or a sheep. Cheese in Norwegian is **ost**.

The Norwegian word for fruit is **frukt**.



We call one of these beautiful red berry's a raspberry. In Norwegian one would be called **bringebær**.



A good cream sauce makes everything taste better. Cream in Norwegian is **krem**.



You could almost guess that **asparges** translates to asparagus in English.



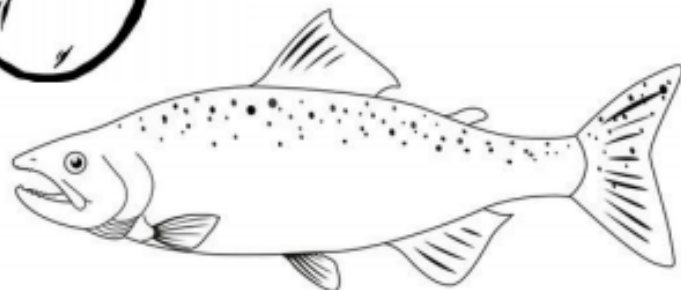
In Viking times you would drink your ale or meade (honey wine) using your drinking horn.



In Norway they call one of these vegetables a **potet**



Can you guess how to spell egg in Norwegian? It's easy - **egg**.



We may call this fish a salmon but in Norway they would call it a **laks**,





## Happenings

### Shed cleaning and Lefse Sale







# Fjellaldalen Lodge #6-162

## Highlands Ranch, Colorado



### SPESIELLE INTERESSEGRUPPER

Fjellaldalen Lodge has some special interest groups you may want to consider. We need members—and non-members—that are interested to join these groups.

If you don't see a group you're interested in contact a Board member and we'll see if there's enough interest to form a new group.

So far, we have the following Groups:

- ◆ Norsk Klasse: Social get togethers while speaking in Norse! This is an open group that will converse in Norwegian (and English) while socializing. Come together to socialize while learning and speaking Norwegian! All are invited and with any level/ability to speak.



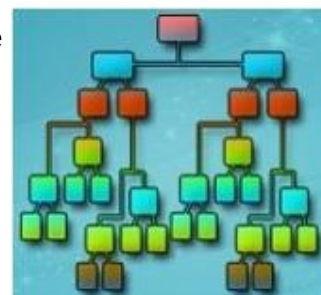
- ◆ Håndverker: Craft group get togethers. Meet to learn new crafts as well as work on your own projects and share ideas! This group needs a leader and/or someone willing to host the group.

- ◆ Koret: Literally Choir, but in this case a social folk-singing group. If you enjoy singing, want to meet-up with others, and want to learn Norwegian songs to share at lodge meetings, this is for you. Open to all levels of talent.



- ◆ Matlagings Klubb: The cooking group meets once a month and eats their results! This group meets in a volunteer's home on the afternoon of a 3rd or 4th Friday and cooks or bakes a Norwegian delicacy. Everyone brings things to go in or with the recipe and they all enjoy the companionship. Open to all levels of talent. Contact Lise—[mark\\_and\\_lise@yahoo.com](mailto:mark_and_lise@yahoo.com) or Donita—[donitanorsk@gmail.com](mailto:donitanorsk@gmail.com).

- ◆ Slektforskningklubb: The Genealogy group meets On-Line the first Saturday of the month at 10:00 am. They look at both general genealogy and Norwegian and Scandinavian specific tools and discuss how to use and work on practical examples. Help sessions usually occur for the last half of the meeting. Open to everyone. Contact Tony Hjelmstad—[tony@norsky.net](mailto:tony@norsky.net)—for an E-vite or with questions. [Join Genealogy Via Zoom](#)



To join a group, contact Donita or any Board member.

The January-February 2021 newsletter comes out the last week of October.  
All items for the next newsletter must be submitted by:

**December 15th, 2020**

Submit to Tony Hjelmstad at  
[tony@norsky.net](mailto:tony@norsky.net)

